1. List Item 1
2. List Item 2
3. List Item 3

Paragraph, restart numbering

1. List Item 1
2. List Item 2

Paragraph, continue numbering

1. List Item 3
2. List Item 4
3. List Item 1
4. List Item 2
5. List Item 3

Paragraph, restart numbering

1. List Item 1
2. List Item 2

Paragraph, continue numbering

1. List Item 3
2. List Item 4